

Parkway Health Office Guidelines

Significant physical injury or head injury

Asthma attack, shortness of breath, unable to talk

Spreading Rash

Diabetes problems

Seizures

Stung by a bee

COVID Symptoms

YES

Call for nurse **IMMEDIATELY**. Send student with another person to nurse's office if student is able to go safely. Call nurse's office or use walkie to contact nurse for emergency.

Cut, scrape, or abrasion with heavy bleeding, unable to stop with light pressure

YES

NO

Contact nurse/
send to nurse

Use classroom first aid kit

Nosebleed

YES

NO

If visibly bleeding contact/send to nurse

No visible blood, keep in class. Send to restroom to wash hands

Soiled Clothing

YES

NO

Bathroom accident send to nurse

Water or mud? Send to bathroom

Crying or visibly distressed

YES

NO

Contact nurse for medical problems. Consider counselor for emotional problems

Keep in class and try calming/distraction strategies

Things that can be managed in the classroom

Loose Teeth

Rinse mouth, get a drink of water, and wash hands.

Old Injury

Should not need treatment. Cool, wet paper towel if bothersome.

Minor Cold/ scratchy throat/ minor cough

Encourage nose blowing and drink/ water. Wash hands.

Old Bruise

Should not need treatment. Cool, wet paper towel if bothersome.

Chapped lips/dry skin

Does not need immediate treatment. Send at lunch/recess.

Minor Stomach/ Headache

If not visibly ill, try snack/lunch first, resting, bathroom, and water.

Old Itching Bug Bites

Should not need treatment. Cool, wet paper towel if bothersome.

Calming strategies

Calming activity, art, guided imagery, deep breathing, rest head on desk, meditate, count backwards from 10.

Covid symptoms: fever/chills, cough, shortness of breath/difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion/runny nose, nausea/vomiting, diarrhea