



Sponsored by:

Outdoor Adventures Education

Bass Pro Shops Cabela's Outdoor Fund is proud to sponsor the greatest Outdoor Adventures education course in the country. In a joint effort with the Outdoors Tomorrow Foundation (OTF), Outdoor Adventures is now available to any school in the north America. Outdoor Adventures is a regular K-12th in-school course that is taught as a Physical Education class, local school elective, or as an Ag. Science Wildlife Management course.

- Outdoor Adventures can also be in your school! Thanks to many private donors, the OTF is providing a limited number of restricted funds to help schools incorporate an outdoor education class into their curriculum!
- Inform your teachers, coaches, principals, school board members and superintendents. Just imagine, Fishing, Archery, Boater Education, Camping, Backpacking and Wildlife Conservation being taught as a P.E. class.
- Outdoor Adventures classes are offered in hundreds of schools across north America. Your students can enjoy the greatest P.E. class ever offered.

Your school can be next!

Creating Adventures – One school at a time!



General Description of “Outdoor Adventures”

Outdoor Adventures K-12 is a fun and exciting co-ed physical education course, local elective, or Ag. Science Wildlife Management class. Students are taught life-long skills by using an integrated curriculum of science, math, writing, critical thinking skills, and computer technology. The focus is on outdoor activities including: Fishing, Archery, Boater Education, Orienteering, Survival Skills, First Aid/CPR, Trip Planning, Tackle Crafts, Hiking, Backpacking, Camping, Outdoor Cooking, Mountain Bike Camping, Hunter Education, ATV Safety, Sling Shots, Fauna/Flora/Wilderness Medicine, Paddle Sports, Wildlife Conservation and Quail Conservation.

Rationale and Justification

The Outdoor Adventures K-12 curriculum is not your traditional PE course. Instead of teaching PE with basketballs and tennis rackets, we use rods and reels, and bows and arrows. The Outdoor Adventures course is designed to change young people’s lives forever by exposing them to the many great opportunities of the outdoors. With today’s accelerated curriculum, full of benchmark testing and academic pressures, students need a fun class that will motivate them to stay in school and concentrate on their studies. The Outdoor Adventures curriculum is already being taught in hundreds of schools that have reported many positive attributes associated with the class. School Principals report virtues such as improved self-esteem, improved attendance, less discipline issues and improved grades for students while enrolled in the course.

Outdoors Tomorrow Foundation is a qualified 501 (c)(3) charitable organization under IRS regulations and does not provide legal, tax, accounting or financial advice or services.

Many students are not involved in extracurricular activities and the Outdoor Adventures program helps those students become engaged in the educational system. As a result of Outdoor Adventure's popularity, some schools have even established after school archery teams, fishing clubs and competitive shooting teams. There are no racial, physical, gender or socio-economic boundaries and therefore all students enjoy an equal opportunity to participate and become engaged in extracurricular activities.

I WANT OUTDOOR ADVENTURES AT MY SCHOOL

Your school can offer Outdoor Adventures if you can say **YES** to **ANY** of these questions:

- 1) Does your school offer P.E.? **YES**

Outdoor Adventures curriculum is aligned to the National P.E. standards and can be taught in any secondary school (Middle, Junior or High School) (Private, Public or Charter School). Elementary schools incorporate Outdoor Adventures throughout K-6th grade.

- 2) Does your school offer Local Elective courses? **YES**

Outdoor Adventures is a great hands-on, real world experience, cross-curricular course.

- 3) Does your school emphasis STEM education? **YES**

Outdoor Adventures has built in interdisciplinary and applied approach to STEM education.

- 4) Does your school emphasis Social and Emotional Learning Experiences? **YES**

Outdoor Adventure lessons align with SEL core competencies.

- 5) Does your school offer Ag. Science Wildlife Management? **YES**

Outdoor Adventures curriculum aligns with Wildlife Management.

**Outdoor Adventures can be taught
in any school in North America!**

Curriculum and course selections for most school districts are determined by decision makers for the local school district. Share this content with your teachers, principals, superintendents, school board and PTA/O.

Steps to get started

- 1) Inform the school
- 2) Get course approved
- 3) Purchase curriculum

**Apply for \$1000.00 per school in Matching
Equipment or Curriculum Funds**

- 4) Get teachers trained
- 5) Change Student's Lives Forever!

(Contact OTF for assistance on any of the steps above.)

Contact Tari Garner:

Outdoors Adventure Coordinator

Outdoors Tomorrow Foundation

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Course Accreditation and Curriculum

Outdoor Adventures curriculum is aligned to the National Standards NPE K-12.1-5. New for 2020 all lessons have distance learning ideas and suggestions.

The curriculum includes:

- 1) Complete Scope and Sequence and Course Syllabus
- 2) Complete daily lesson plans for 290 lessons that include: NPE K-12 objectives, detailed lesson plans, cardiovascular elements, writing activities, enrichment opportunities, modifications, assessments, beginning class/bell work assignments, and end-of-unit exams.
- 3) Many lessons incorporate technology, cross-curricular opportunities, math, science, writing, and standardized test applications
- 4) Units include:
 - a. Hunter Education
 - b. Angler Education
 - c. NASP National Archery in Schools Program
 - d. Boater Education
 - e. Orienteering and GPS
 - f. Wilderness Survival
 - g. Outdoor Cooking
 - h. Camping
 - i. Challenge Course
 - j. CPR/ First Aid
 - k. Ice Fishing
 - l. Backpacking
 - m. Paddle Sports
 - n. Mountain Bike Camping
 - o. Fauna//Flora/Wilderness Medicine
 - p. Quail Conservation
 - q. ATV Safety
 - r. Fly Tying
 - s. Trapping
 - t. Sling Shots
- 4) Elementary Outdoor Adventures include:
 - K – 5th Hiking; Camping; Backpacking; Fishing; Orienteering
 - 4th – 5th NASP Archery; Wildlife Conservation

Mission Statement

OTF's Outdoor Adventures

The mission of the OTF is to teach outdoor education and to promote and fund conservation of wildlife worldwide.

The goal of the OTF Outdoor Adventures curriculum is to provide and expose students and their parents to a wide range of outdoor activities, to engage the community, and to partner with local conservation groups to ensure that the learning experiences offered in-school and out-of-school are highly effective, meaningful and relevant.

Research has clearly shown that:

- Students involved in extracurricular activities tend to engage in more appropriate behavior and perform better academically in school.
- Students who are actively engaged in the educational process have greater attendance and academic achievement.
- Students tend to stay away from drugs and other destructive behaviors when the parents are actively participating in activities with their child.
- Students engaged in outdoor activities:
 - Are healthier physically and mentally.
 - Perform better in school.
 - Have higher self-esteem.
 - Have good self-discipline.
 - Feel more capable and confident.
 - Are good problem-solvers.
 - Are more cooperative with others.
 - Are more creative.
 - Feel connected to nature.
 - Are tomorrow's conservation leaders (Lifesbetteroutside.org)

Curriculum

The Outdoors Tomorrow Foundation's Outdoor Adventures K-12th curriculum order form is available under the education tab at www.GoOTF.com. Contact Tari Garner for details on purchasing the curriculum. Curriculum is \$1000.00 per school. There are a limited number of grants available to offset the curriculum cost if needed. The curriculum is a one-time cost to help ensure school accountability with the program.

Teacher Training

The Outdoor Adventures teacher training is provided by individual state's Departments of Natural Resources. These state agencies provide instructor training for many of the units including, but not limited to: Hunter Education, Angler Education, Boater Education, National Archery in Schools Program and ATV Safety. Many of these training opportunities are free for educators. The OTF will assist in connecting new teachers with their respective state Department of Natural Resources.

Visit the OTF webpage www.GoOTF.com to learn more, watch teacher videos, order Outdoor Adventures.

Class Size and Safety

The recommended class size for a safe and successful Outdoor Adventures program is 25 students. Safety is the primary focus in Outdoor Adventures with all units. A teacher to student ratio of 20:1 is recommended when working with archery, fishing equipment, paddle craft, and outdoor cooking.

Additional safety guidelines:

- Firearms are never brought onto a campus.
- No broadheads, knives or ammo are brought onto a campus by students.
- At school, students are never taught how to load, unload or fire a firearm.
- All archery equipment should be locked with bows and arrows locked in separate areas.
- Students are taught safety and survival skills.
- Follow all NASP safety guidelines.
- Follow all paddle craft guidelines.
- Always wear a PDF as instructed.
- Students are taught about SAFETY.
- Students are taught about ethics.
- Students learn about wildlife conservation and management of our land.

THE FACTS ABOUT OUTDOOR ADVENTURES

The Outdoors Tomorrow Foundation engaged Responsive Management, a premier survey analysis company, to conduct a research study involving a representative sample of 4,957 students. The 2013 survey results OTF definitively and quantitatively support what Outdoor Adventures students report.

- “The material covered in Outdoor Adventures cannot be found in any other class. It gives students a different view on the outdoors and teaches them how important the world around them really is,” said a student of Arlington Martin High School.
- “I have learned more about the outdoors in the first six weeks than I have known my whole life,” said a student of Stone Middle School.
- The survey rating for each of the 10 overall units and OA in general proved the OA program to be highly popular with 90% of the respondents.
- A whopping 92% of students responded that the OA prepared them to hunt, fish, shoot, camp, or go boating on their own or with a family member.
- Over 90% learned “a lot” or “a little” about wildlife management, ethics, values and wilderness stewardship.
- More importantly, pre- and post-program survey comparisons indicated a positive shift from “good” to “excellent” when students were asked to rate their ability to participate in sports or physical activities, to develop friendships with other students, to maintain good relationships with their teachers, to stay out of trouble, and to get good grades.

PRINCIPAL TESTIMONIAL

The Outdoor Adventures program has been a great addition to the programs available for our students. It has provided opportunities for students in so many areas. The course provides an excellent option for all students to obtain a PE credit, but for us it has proven to be much more than a PE credit. As a byproduct of the course, we have started three different clubs that continue to grow in interest. The Archery, Competitive Shooting, and Fishing clubs have become extremely popular for students in our district. Students from middle school to seniors have found a niche that gives them a place to belong. The vision of providing a safe and productive activity for our students that had nowhere to go after school has turned into a State Championship Archery Team for our school. Our students can be found in the Archery Arena practicing from early in the morning and well after the final bell. Students have been committed to practice, but what I see more as an administrator is parents of the middle school students excited about their students' involvement resulting in a willingness to bring them to early morning practice which allows themselves to be involved in ways they hadn't had in the past. The students are committed to building strong teams that continue to grow and include all levels of students. All the barriers have disappeared when they are together. Our program has grown to over 600 students participating in the Outdoor Adventures courses each year, after only being in existence for three years. The key to the success of our program begins with an excellent educator that is committed to the well-rounded success of all of our students regardless of their economic standing or rank in their class.

Jill Stafford
Principal, Lowery Freshman Center
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