



Shine Light on Depression is comprised of an online toolkit consisting of no-cost, ready-to-use resources that support schools and communities address youth mental health. Included in the toolkit are three resources supporting in-school curriculum, after-school programming, and family engagement components. The in-school curricula include classroom lessons, aligned to the national health education standards for grades 4-12, and supports educators when addressing the topic of depression.

Scan the QR code below or click on this link for more information about Shine Light on Depression and to gain access to the no-cost program resources.

<https://forms.gle/JSSg7GTsyCBTdXcUA>

