

Sustaining WSCC

Continuous
Improvement

Making WSCC
LIVABLE!



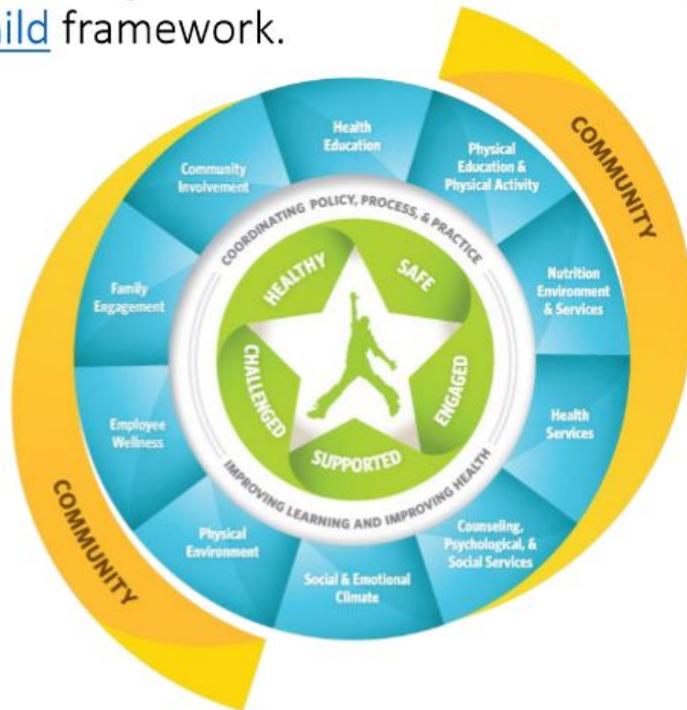


Missouri
Healthy
Schools

Purpose

All activities are to be developed and delivered within the Whole School, Whole Community, Whole Child framework.

Research shows that when individuals are healthy and safe, they are more able to **thrive academically, physically, socially and emotionally** throughout their lives.



MHS is working with schools across Missouri to make this possible for **ALL** members of the school community every day.





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Birds Eye View of our Session

To Sustain we must TEACH and COMMUNICATE.

We must build our capacity of participants and stakeholders to organize the implementation of the WSCC model by engaging partners and colleagues.

We **MUST** share with our village and empower our staff, students, parents and community to lead in our absence. **In this session we will focus on** the overview of the WSCC model, the strengths, intentional purposes and foundational pieces that will strengthen any district or school, regardless of prior practice in WSCC usage.



Understanding Structures and Models

Healthy Tenets

Components

Surrounding Community

Coordinating RING

Structured Policy, Progress and Practice

Improving Learning and Improving Health



Understanding Structures and Models

Lets begin with an overall understanding.

The Whole Child model combines two successful national models;

ASCD's Whole Child Initiative and Centers for Disease Control & Prevention' Coordinated School Health Model. Here is a [short video](#) explaining the WSCC Model rationale for combining Learning with Health.

Here is a [FACT SHEET](#) describing the WSCC model rationale.

We MUST Meet BASIC NEEDS

- ❑ How do we address basic needs of a student or staff member?
- ❑ We address individual basic needs as PRIORITIES:
- ❑ Are they Healthy, Safe, Engaged, Supported and Challenged?

Focus on the GREEN



The Whole Child Initiative 5 Tenets

1. Enters school HEALTHY and learns about and practices a healthy lifestyle.
2. Learns in an environment that is physically and emotionally SAFE for students and adults.
3. Is actively ENGAGED in learning and is connected to the school and broader community.
4. Has access to personalized learning and is SUPPORTED by qualified, caring adults.
5. Is CHALLENGED academically and prepared for success in college or further study and for employment and participation in a global environment.

Healthy Tenets

Below you will also find ASCD's 10 indicators under each of the five tenets:

1. [Healthy Tenet Indicators](#) (key data for a school focused on health)
2. [Safe Tenet Indicators](#) (often perception data for Safe and Healthy, consider both public and local data)
3. [Engaged Tenet Indicators](#) (consider extracurricular activities, student discourse, lessons, etc.)
4. [Supported Tenet Indicators](#) (consider focused areas off needs assessment or surveys–perception and priority needs of students and staff)
5. [Challenge Tenet Indicators](#) (consider advanced courses, disproportionality, and academic outcomes)

HOW DO WE DO THIS?

Focus on the BLUE



HOW Do We Do THIS?

- ❑ We use our existing staff related to the 10 components
- ❑ The WSCC model highlights 10 components that every school should have to ensure the health, safety, and wellbeing of students and staff
- ❑ This is the instrument for achieving the WSCC tenets (especially healthy and safe)
- ❑ These components represent the EXPERT workforce which can unite the school and community in a process of continuous improvement and sustainability
- ❑ These components are interconnected and should be engaged in the work

WSCC 10 Components

- 1. Physical education and physical activity**
- 2. Nutrition environment and services**
- 3. Health education**
- 4. Social and emotional climate**
- 5. Physical environment**
- 6. Health services**
- 7. Counseling, psychological and social services**
- 8. Employee wellness**
- 9. Community involvement**
- 10. Family engagement**

WSCC 10 Components

You may find it easier to view As 4 chunked areas

Academic Content Areas (Health education & Physical education and physical activity)

Services (Counseling, psychological and social services, Health services, Nutrition environment and services & Employee wellness)

Environments (Social and emotional climate & Physical environment)

Resourceful Partners (Community involvement & Family engagement)

Focus on the YELLOW



WHO and WHAT Supports? Usually EXTERNAL

- ❑ Who are your existing community members and organizations supporting your efforts?
- ❑ What additional supports can you gain from additional community organizations?
- ❑ Consider: Who are your customers and who are your stakeholders?

Community

WSCC teams work at the school and district level, partnerships with your community will help secure the necessary resources to implement the model.

You can utilize your wellness committee teams, health councils, state and national organizational structures as well.

Use these current committees or stakeholder groups to fulfil actionable items or plans.

Focus on the WHITE



WHO and WHAT Supports?

Local, State & National

- ❑ What are current policies in place supporting your efforts?
- ❑ What additional policies and practices need to be addressed to reinforce or support your efforts?
- ❑ Consider: Who are your customers and who are your stakeholders relative to this endeavor? (local, state & national organizations)

The Whole School, Whole Community, Whole Child (WSCC) Model

- Places the child at the center
- Takes a comprehensive approach to supporting learning and health
- Calls for greater collaboration across sectors
- Educators are familiar with WSCC
- Connected to funding streams (ESSA)
- Aligns with USDA Wellness Policy requirements



Noteworthy

- ❑ We will consistently approach WSCC in a team environment.
- ❑ We will put our practices in writing and stay consistent so the system is sustained.
- ❑ In our journey to implement pieces of the Whole School, Whole Community, Whole Child model we will be deliberate in planning, implementation and evaluation of strategies.
- ❑ Together we will identify strategies, steps for integration and explore resources which directly embed into your current existing realities.
- ❑ We will look at quick fixes connecting what you already know to improve health outcomes and academic achievement.
- ❑ We will explore how thoughtful planning, implementation and evaluation efforts using the WSCC model provide a powerful potential of focusing family, community and school education to WRAP AROUND the child to increase success of students and staff.



Thank you!