

2022 PD4HS Institute Agenda & Session Information

All times listed are in Mountain Time (MT).

Wednesday, June 8, 2022

6:30 a.m.-8 a.m.	Breakfast	Bonsai/Boojum
7-8 a.m.	Conference check-in	Ballroom Foyer
8 a.m.-12:15 p.m.	<p>Welcome & General Session with Featured Presenter Making Change Happen Simulation Presenters: <i>Jess Lawrence, Samantha Lowe McCleese, and Sherri Cyra</i></p> <p>Making Change Happen™, aka "The Change Game", introduces participants to the concepts of change for individuals through the lens of equity. This is a similar, but slightly different version of the Systems Thinking; Systems Changing simulation. Some of the key learnings reinforce the previously facilitated simulation, but this one really focuses on individual change to create systems change. It might be a perfect time (4th year of the grant) to revisit some of the learnings and focus on sustainability.</p> <p>The engaging and thought-provoking learning experience leads to an understanding of the possibilities and pitfalls of improvement efforts, establishes a shared vocabulary about essential change steps, an appreciation of differing perspectives, and challenges long-standing assumptions. Making Change Happen answers questions like: Why do some new initiatives work and others fail? Who are the people who can help me succeed? How can I increase my changes for successful implementation of a new policy, program or practice? The focus of this simulation is around using best practices skill sets to effectively encourage individuals to come on board for your on-going initiative.</p>	Salon DE
12:15-1 p.m.	Networking Lunch / Team Reflection Time	Bonsai/Boojum
1-2:30 p.m. Breakout Part 1	<p>School Mental Health Action Planning Using National Resources Presenter: <i>Jill Bohnenkamp</i> Facilitator: <i>Lori Paisley</i></p> <p>This interactive training will allow state, district and school education and behavioral health leaders to plan for and address the mental health needs of the entire school community (including students, school staff, and families) and implement multi-tiered mental health promotion, prevention and intervention supports and services in their school system. Participants will advance their knowledge and ability to use and customize national school mental health resources including: The School Health Assessment and Performance Evaluation System (The SHAPE System: https://www.theshapesystem.com/) The National School Mental Health Best Practices: Implementation Guidance Modules for States, Districts and Schools (https://mhttcnetwork.org/now-available-school-mental-health-curriculum). Participants will engage in action planning to advance school mental health quality improvement efforts in their school system.</p>	Salon GH & available via Zoom



Professional Development
for Healthy Schools

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Thursday, June 9, 2022

6:30 a.m.	Breakfast	Bonsai/Boojum
7:15-8 a.m.	Conference check-in	Ballroom Foyer
8-9:30 a.m.	<p>General Session with Featured Presenters Advancing Health Equity in Healthy Schools Programs Presenters: <i>Kate Holmes and Brittany Chen</i></p> <p>In this interactive keynote session, Health Resources in Action (HRiA) will ground participants in a shared understanding of health and racial equity and a framework for action. Participants will apply this framework to reflect on health inequities in their own state and local contexts, identify the conditions that hold these inequities in place, and collaborate on potential approaches to advance equity in school health initiatives.</p>	Salon DE & available via Zoom
9:30-9:40 a.m.	Break	
9:40-11:10 a.m. Breakout Part 1	<p>Unleashing Potential through the Power of Connections Presenter: <i>Tara Brown</i> Facilitator: <i>Shayla Sanderson</i></p> <p>Resiliency and Hope are critical for youth to survive and thrive into adulthood. With the isolation and escalation of mental health issues throughout the pandemic, now more than ever, the role of caring adults in kid's lives is paramount. Positive, nurturing relationships serve as a buffer to trauma, inconsistent environments and are a key to increasing resiliency. This session will focus on: 1) the impact of stress/anxiety and how positive connections play a positive role 2) data on mental health issues over the past 2 years and what kids need now 3) how the emotional state of an individual impacts perception, beliefs and decisions 4) action steps adults can take in order to increase resiliency in students 5) the individual footprint each participant wants to leave on the organization and how daily decisions and actions shape their lasting impact.</p>	Salon BC & available via Zoom



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<p>9:40-11:10 a.m. Breakout Part 1</p>	<p>Palatable Ways to Promote Positivity: "Quick Wins" for PBIS Presenter: <i>Rochelle Picardo</i> Facilitator: <i>Lori Paisley</i></p> <p>Teachers and school administrators have borne the brunt of supporting students through unprecedented challenges for learning, development, and mental wellbeing during the COVID-19 pandemic. Teachers and students alike are burnt out because of these ongoing challenges. Maintaining a positive school climate is more important than ever for the mental health of everyone in schools, yet this can seem like an impossible task in time-and-resource-strapped schools. Given the current context within which educators are operating, this professional development workshop will use a behaviorist perspective to emphasize quick shifts that educators can fold into their current practices to increase positive interactions in their schools and classrooms. This presentation will provide an overview of several topics: 1) Positive Behavior Interventions and Supports (PBIS), 2) proactive classroom management strategies and how those fit within PBIS, 3) "Quick Wins" for classroom behavior management, and 4) "Quick Wins" for teacher wellbeing.</p>	<p>Salon F</p>
<p>9:40-11:10 a.m. Breakout Part 1</p>	<p>Advancing Adult Compassion Resilience - A Tool Kit For Schools Presenters: <i>Hanna Maechtle and Monica Caldwell</i> Facilitator: <i>Mark Bloodworth</i></p> <p>Imagine a consistently caring culture in your school or organization; one where, each day students/clients and staff are able to make the transition from home and community into the school/organization environment and demonstrate a high level of compassion for each other. The work towards this vision begins with the leadership and staff in the organization. People in helping professions are being asked to support the social and emotional skills of clients, to make positive connections with families, and to be trauma sensitive. These high expectations cannot be met outside the context of a positive and compassionate organizational culture. The Compassion Resilience Toolkit offers information, activities, and resources for staff to explore what compassion looks like in action, to recognize compassion fatigue and build skills that foster the resilience needed when working with individuals and families who face complex challenges. Participants will engage in important conversations about the role of expectations, boundaries and staff culture in supporting adults to bring the behaviors that lead to the mission-driven outcomes that inspired them to join the profession. Individual and group practices to sustain wellbeing are woven throughout the toolkit and addressed specifically in the latter sections. This session will begin the conversation and empower participants to continue the work with their own schools.</p>	<p>Salon GH & available via Zoom</p>
<p>11:10 a.m.-12:05 p.m.</p>	<p>Networking Lunch</p>	<p>Bonsai/Boojum</p>



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12:05-1:35 p.m. Breakout Part 2	Unleashing Potential through the Power of Connections Presenter: <i>Tara Brown</i> Facilitator: <i>Shayla Sanderson</i>	Salon BC & available via Zoom
12:05-1:35 p.m. Breakout Part 2	Palatable Ways to Promote Positivity: "Quick Wins" for PBIS Presenter: <i>Rochelle Picardo</i> Facilitator: <i>Lori Paisley</i>	Salon F
12:05-1:35 p.m. Breakout Part 2	Advancing Adult Compassion Resilience - A Tool Kit For Schools Presenters: <i>Hanna Maehtle and Monica Caldwell</i> Facilitator: <i>Mark Bloodworth</i>	Salon GH & available via Zoom
1:35-1:45 p.m.	Break	
1:45-3:15 p.m.	General Session with Featured Presenter School Employee Wellness with a Health Equity Lens Presenters: <i>Chelsey Hughes, Joy Osterhout, and Sheena Tallis-Tallman</i> In this knowledge-based session, participants will learn about the new School Employee Wellness guide (title TBD) under development by the Society for Public Health Education (SOPHE) in its 1-year CDC Healthy Schools cooperative agreement. Attendees will preview the content and know when they can download this resource to be published by the end of the project year. This timely work will address important topics/CDC priorities (social determinants of health, health equity, mental health, social and emotional stress/learning (SEL), and risk factors that contribute to chronic disease) and will align with the WSCC framework.	Salon DE & available via Zoom
3:15-4 p.m.	Team Reflection Time <ul style="list-style-type: none"> ● Tennessee, Kentucky, North Carolina - Salon BC ● Arizona, New Mexico, Oklahoma - Salon DE ● Colorado, Oregon, Washington - Salon DE ● Louisiana, Arkansas, Missouri - Salon F ● Nebraska, Minnesota, Massachusetts - Salon GH 	Salon BC Salon DE Salon F Salon GH
TBD	Networking Dinner (offsite)	Location TBD



2022 PD4HS Institute Agenda & Session Information

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Friday, June 10, 2022

6:30 a.m.	Breakfast	Bonsai/Boojum
7:30-8 a.m.	Conference check-in	Ballroom Foyer
8-9:30 a.m. Breakout Part 1	<p>Integrating Social & Emotional Learning within a Multi-tiered System of Supports to Advance Equity Presenters: <i>Pat Conner, Blaire Harrison, Jenna Jones</i> Facilitator: <i>Mark Bloodworth</i></p> <p>The impact of COVID-19 and the increased attention to systemic injustice has led to a heightened sense of urgency from states and districts to better—and more equitably—meet the needs of the whole child. In recent years, states, districts, and schools across the country began using a multi-tiered system of supports (MTSS) to organize and deliver academic and behavioral support for students. Education leaders are increasingly interested in explicitly incorporating social and emotional learning (SEL) within the MTSS framework to more intentionally connect academics and behavior to build equitable systems that ensure all students receive the support they need to succeed.</p> <p>The Council of Chief State School Officers (CCSSO), the Collaborative for Academic, Social, and Emotional Learning (CASEL), and the American Institutes for Research® (AIR®) have developed the Integrating Social and Emotional Learning Within a MTSS to Advance Equity toolkit with the support of the Learning Policy Institute (LPI) and in collaboration with leaders from nine state education agencies (SEAs) across the country that are actively working to integrate SEL and MTSS. In this workshop you will learn: 1) What do we mean by SEL, MTSS and equity? 2) Why integrate SEL into MTSS? 3) What does it look like to integrate SEL into MTSS? and 4) How can state and district leaders get started? You will hear from a member of the CASEL team involved in the community of practice and subsequent toolkit development as well as from an SEA about how they approached this work in their state and lessons learned.</p>	Salon GH & available via Zoom
8-9:30 a.m. Breakout Part 1	<p>Creating a Supportive Classroom and School Climate through Supportive Discipline and Me Moments Presenters: <i>Michelle Owens and Daniel Hatcher</i> Facilitator: <i>Shayla Sanderson</i></p> <p>This session will introduce how supportive discipline can help build relationships, manage behaviors, and maintain a supportive classroom environment. Participants will leave with key strategies for managing student conflict by utilizing the supportive discipline conversation guide and by implementing self-regulation strategies through Me Moments.</p>	Salon F



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